



PRESS RELEASE

BFP Romblon Conducts Lecture on Basic Life Support and Basic Fire Safety with Fire Safety Drill for PSA Romblon Staff

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31 March 2025 - ROMBLON, Romblon. In celebration of the 2025 National Women's Month, with the theme, "*Babae sa Lahat ng Sektor, Aangat ang Bukas sa Bagong Pilipinas*," and in alignment with the observance of the 2025 National Fire Prevention Month this March, the Philippine Statistics Authority - Romblon Provincial Statistical Office requested the Bureau of Fire Protection (BFP) – Romblon to conduct a series of essential training and awareness activities at 3/F Multi-Purpose Room, PSO Romblon, Brgy. II (Pob.), Romblon, Romblon.

On 24 March 2025, BFP Romblon, under the leadership of FO3 Cathlen May M Gutierrez, conducted a comprehensive session which included a Basic Fire Safety Lecture, Basic Life Support Lecture, and a Fire Safety Drill. The session began with FO3 Gutierrez leading a lecture on the fundamental techniques for performing cardio-pulmonary resuscitation across different age groups. She also provided important instructions on how to assist choking victims, ensuring that the employees were well-equipped with essential life-saving skills.



PSA Romblon staff with the Fire Officers who conducted sessions on Fire Safety, Basic Life Support Lecture and Fire Safety Drill.



Following this, FO3 Jerwell M Menorca delivered a detailed discussion on fire safety. He explained the various types of fires, the elements that contribute to their ignition, and the appropriate fire extinguishers and techniques required to combat each fire type effectively. This segment provided PSA Romblon employees with a thorough understanding of fire safety measures, enabling them to respond properly in the event of a fire emergency.

To wrap up the training, FO3 Fierry John M Villanueva introduced the protocols for earthquake and fire drills, emphasizing the importance of preparedness in case of natural disasters. The session culminated in a hands-on fire safety drill, where PSA Romblon employees participated actively in the simulation of a real fire emergency. This exercise provided staff with the opportunity to apply what they had learned and practice vital fire-fighting techniques, ensuring they were better prepared for potential fire-related incidents.



FO3 Cathlen May Gutierrez demonstrating the proper way to give CPR.



RO I Mariel V. Fallarcuna extinguishes a fire during the basic fire safety drill.

This event not only commemorated National Women's Month but also reinforced the significance of fire safety and emergency preparedness in the workplace, aligning with the ongoing efforts to promote safety and well-being for all


JOHNNY F. SOLIS
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SA Motin and SA Rtoni, with other personnel from the PSOs and RSSO of MIMAROPA Region, attended the Provincial Product Accounts (PPA) training at PSA Central Office in preparation for the release of the 2023 PPA.